

WMC Alpine Schedule 2023

January	5	<u>Greely</u> , Freeport, LR, FA, GNG, Cape, Yarm Wells	GS	5:15 pm.
	9	<u>FA</u> , Free, Yarm, Greely, LR, GNG, Cape	S	5:15 pm.
	12	<u>Yarm</u> , Cape, LR, GNG, Wells	GS	5:15 pm.
	*16	<u>Cape</u> , Yarm, FA, Falm, Marsh, Chev. <u>LR</u> , Wells, Gorham, Windham, Kenn.	GS	2 pm.
			S	4 pm.
	18	Freeport, Greely, GNG -this Race will be held at Lost Valley	S	4:30
	23	<u>GNG</u> , Wells, LR, Greely <u>Cape</u> , Yarm, Free, FA	GS	5:15 pm.
			S	5:15 pm.
	*25	<u>FA</u> , Free, Marsh, Kenn, Wind	GS	5:15 pm.
*30	<u>Greely</u> , LR, Yarm, Gorham, Chev. <u>Free</u> , Wells, FA, GNG, Cape, Falm.	GS	5:15 pm.	
		S	5:15 pm.	
February	6	<u>Greely</u> , Cape, GNG, Free <u>Yarm</u> , FA, LR, Wells	GS	5:15 pm.
			S	5:15 pm.
	9	Western Maine Conf. Championships	GS S	10 a.m.
13	<u>LR</u> , Greely, FA, Yarm <u>GNG</u> , Wells, Cape, Free	GS	5:15 pm.	
		S	5:15 pm.	

The underlined School is the Host. *Indicates Cross Over Meets.

WMC Meets start at 5:15 pm. Except for MLK Day and the Conference Championships.

November Coaches Meeting for ALL Alpine Coaches (WMC, CCC, SMAA) Tuesday
29th, 6 pm. @ LRHS. Pizza & Drinks will be provided.