

# 2020 Maine High School Skiing Nordic Wax Protocol Contract



Given recent conversations within the Nordic Community, the Maine Ski Coaches Association has worked with the Maine Principal's Association to develop a new protocol for glide waxing. Concerns about fluorinated waxes include: health implications of exposure, environmental effects of some HF wax products, and equity issues around which teams have access to these waxing resources. The MSCA reviewed recent NCAA Collegiate and NENSA rule changes during our deliberations. If you have any questions about this policy, please contact your school's coach or [mhss@mainehighschoolskiing.com](mailto:mhss@mainehighschoolskiing.com).

## Maine Principals' Association State Meet Rule:

**No glide wax above Low Fluoro and no top coats shall be used in the state meet by all Nordic competitors. Violations will be reported to the jury for consequence. A contract should be signed by all athletes, their parent/guardian, and coaches and be kept by each coach. There are no restrictions for kick wax.**

I _____ and _____	
<i>(Athlete Name)</i>	<i>(coach's name)</i>
agree to use no glide wax higher than Low Fluoro and no top coats at the MPA Nordic State Meet. I understand that failure to do so will result in disqualification/possible suspension from the event.	
_____	_____
<i>(Athlete Signature)</i>	<i>(Date)</i>
_____	_____
<i>(Coach Signature)</i>	<i>(Date)</i>

I _____ agree to support my child and their coach in following the	
<i>(Parent/Guardian Name)</i>	
glide wax policy at the MPA Nordic State Meet.	
_____	_____
<i>(Parent/Guardian Signature)</i>	<i>(Date)</i>