



Nordic Heritage Sport Club



Class B and Class C Nordic State Championships

On behalf of the Nordic Heritage Sport Club, we would like to welcome you to this year's Class B and Class C State Championships. We are looking forward to hosting the event at the world renowned Nordic Heritage Center. Welcome back to those of you that have been here before and for those of you new to our trails I hope you will come back and visit often.

Conditions are excellent with good coverage on all the trails. At the end of this document there is a document to be filled out by the team leader. The form should be returned to Bob White in the Comp Office by Wednesday, February 11.

Please try and impress upon your athletes and parents a few simple guidelines that will help things go smoothly. All foot traffic to the lodge and stadium area should be via the bridge. Skiers and coaches on skis can access the trail system from the parking lot level if need be. Be sure to travel in the direction of travel on trails and obey all signs especially during the race. There is a pet loop that may be accessed at the end of the driveway. Please do not bring dogs (except service dogs) up to the lodge. No dogs are allowed in the stadium or on the trails up at the lodge.

Base lodge:

Everyone is welcome in the base lodge but space is limited with the number of people we expect during the Championships. Please encourage your athletes not to leave large bags in the lodge. There are bathrooms upstairs and locker rooms downstairs. Please do not bring any ski equipment into the lodge.

Parking:

Parking is first come first serve. Please do not park anywhere on the access road. We encourage teams to carpool where possible. There are a couple of smaller parking areas on the access road if we run out of room in the main parking lot by the lodge. There is also the Quoggy Jo parking lot which is a few hundred meters prior to the Heritage Center driveway on the left when you are coming from Presque Isle.

Bathroom Facilities:

There are bathrooms in the wax building as well as upstairs and downstairs in the lodge. Do not flush anything down the toilets except toilet paper and DO NOT DRINK the water in the wax buildings. The water in the lodge is potable so fill your water bottles up there.

Competition Office, Practice Day Fees, Wax Rooms:

There are wax rooms available for rent at the rate of \$50 per day in the wax building which is on the east side of parking lot. The Competition office is in the upper level of the wax building in the center. You can reserve wax rooms by contacting Bob White in the comp office. Keys can be picked up in the Comp Office. Comp Office hours can be found below. Please contact Bob White, rwhite03@maine.rr.com, 207 540-6578. Courses are open on Saturday and Sunday for \$5 per day, you can pay in the comp office.

Race Results:

Unofficial Results will be posted outside the Comp Office, on the side of the timing building, and outside the lodge as soon as possible after each race. Live timing will be available during the event at <http://www.barttiming.com/2015index.htm>

Saturday, February 14 -- Preview

All day
1:00 p.m.

Course marked with directional arrows, maps posted on timing building.
Comp Office open 1-3:30, please pay \$5 per person for training.

Sunday, February 15 -- Preview

All day Course marked with directional arrows, maps posted on timing building.
8:00 a.m. Comp Office open 8-5, please pay \$5 per person for training.

Monday, February 16 -- Nordic Classic Races

8:00 a.m. Comp Office open 8-5, courses open and groomed
12:00 p.m. Stadium and Course marked for race
1:00 p.m. Nordic Coaches' meeting Volunteer room in basement of Lodge
2:30 p.m. Boys' Nordic Classical
4:00 p.m. Girls' Nordic Classical

Top Ten Awards for Classic will be awarded at the conclusion of the girls' races.

Tuesday, February 17 - Nordic Freestyle Races

8:00 a.m. Comp Office open 8-5, courses open and groomed
12:00 p.m. Stadium and Course marked for race
1:00 p.m. Nordic Coaches' meeting Volunteer room in basement of Lodge
2:30 p.m. Boys' Nordic Freestyle
4:00 p.m. Girls' Nordic Freestyle

Top Ten Awards for Freestyle, along with Nordic Team Awards, Ski Meister, and Overall Team Awards, awarded at the conclusion of the girls' races.

Team Leader Info Sheet

School: _____

Team Leader / Coach: _____

Contact info (cell number) during the championships: _____

What day do you plan to arrive? _____

Will you need a wax cabin(s)? _____

Where is your team staying? _____

Can you estimate the number of vehicles and type (car/bus/trailer) your team will have on site on race day?
We are especially concerned with the number of buses. _____

Please return this information to Bob White on or before February 11th.